Line Dances for Grades 3-5

Grapevine

Description
A 16-count line dance using the grapevine and quarter-turns.

Music
Any strong, medium-speed (120 bpm) music will work for this.

Formation
Form the students into lines.

Basic Steps
Grapevine and quarter-turns

Action
1. Grapevine to the right, starting with the right foot:
   Right foot step to the side,
   Left foot behind the right,
   Right foot to the side,
   Left foot touch beside the right.
2. Grapevine to the left, starting with the left foot:
   Left foot step to the side,
   Right foot behind the left,
   Left foot to the side,
   Right foot touch beside the left.
3. Do two rock-steps forward and backward, ending with a quarter-turn to the left for a total of 8 counts:
   Step forward on the right foot,
   Rock backward on the left foot,
   Rock forward on the right foot,
   Step forward on the left foot.
4. Rock to the other side with a quarter-turn to the left:
   Rock backward on the right foot,
   Rock forward on the left foot,
   Rock backward on the right foot,
   Rock forward on the left foot, turning a quarter-turn to the left.
5. Repeat the dance.
Continental

Description
This is a four-wall dance.

Music
Elvis Presley, “Good, Luck Charm,” Elvis: 30 #1 Hits, RCA.

Formation
Students form lines.

Basic Steps
Grapevine, two-step (step-close-step), kicks

Action
1. Grapevine to the right, then grapevine to the left:
   1-8. Grapevine with the right foot to the right four steps and then with the left foot
ten to the left four steps.
2. Four running two-steps straight ahead:
   1-8. Perform four running two-steps straight ahead, starting on the right foot (step-
close-step four times).
3. Four kicks alternating feet, starting on the right foot. By the time the fourth kick has
   occurred, a quarter-turn to the right will have been completed.
   1-4. Make three kicks alternating the right foot, left foot, and right foot while making
   a quarter-turn clockwise; after the third kick, cross the right foot in front of the left
   foot; the right toe touches the floor on the final count.
4. Repeat the dance.
The Hard Way

Description
This is a 16-count, four-wall line dance.

Music
Faith Hill, “The Hard Way,” Faith, Warner Brothers; or any strong medium-speed (120 bpm) music

Formation
All students face front.

Basic Steps
Heel touch, grapevine, and quarter-turns

Action
1. Start on the right foot with heel touches:
   1-8. Right heel forward, right foot returns beside the left foot; left heel forward, left foot returns beside the right foot; repeat.
2. Grapevine to the right starting on your right foot:
   1-4. Grapevine step to the right; right foot step to the side, left foot step behind the right, right foot step to the side, and kick the left foot forward with a quarter-turn right.
3. Four steps back:
   5-8. Step backward four steps—left foot, right foot, left foot, right foot—touching the right foot next to the left foot on the last count.
4. Repeat the dance.
Don’t Rock the Jukebox

Description
This is a high-energy, 32-count, one-wall line dance.

Music
Alan Jackson, “Don’t Rock the Jukebox,” Don’t Rock the Jukebox, Arista Records

Formation
Students form lines.

Basic Steps
Step-close, step-kick

Action
1. Begin with four step-closes to the right for 8 counts and then to the left with four step-closes:
   1-8. Step with the right foot to the right and close with the left foot four times.
   1-8. Step with the left foot to the left and close with the right foot four times.
2. Four step-kicks in place starting with the right foot:
   1-8. Do four step-kicks in place—step with the right foot, kick with left foot; step with left foot, kick with the right foot; repeat.
3. Three steps forward with a kick on count 4 and then three steps backward with a kick on count 8:
   1-4. Walk forward three steps with the right foot, left foot, right foot; kick the left foot.
   5-8. Walk backward three steps with the left foot, right foot, left foot; kick the right foot.
4. Repeat the dance.